

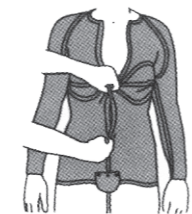

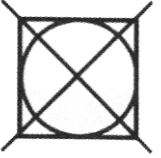








# WEAR & CARE INSTRUCTIONS


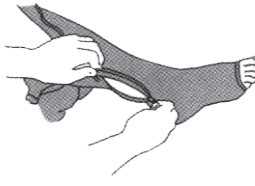
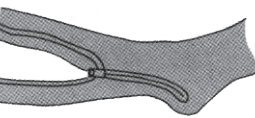
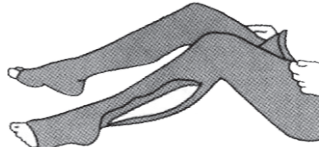
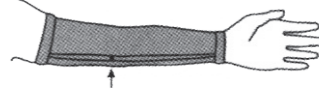
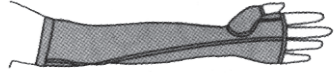






 <p><b>37</b> Refer to (Fig. 27-28). Do not close the zippers until the body is fitted. Position the body of the vest. Close the zippers in the sleeves and refer to (Fig. 25) for correct placement of optional pad.</p>	 <p><b>38</b> These styles must be stepped into as body opening runs from neck to just below waist. Adjust legs and lower body portion for comfort.</p>	 <p><b>39</b> The sleeves are applied as sleeves with and without zippers (Refer to Fig. 23, 27 &amp; 28). Close the body zipper and then the sleeve zippers. Adjust the leg and body for comfort.</p>
 <p><b>A</b> Wash the garment <b>daily</b>. Hand or machine wash (inside a laundry bag) in warm water. Separate light from dark colours. Keep Velcro® closures closed when washing or storing garment.</p>	 <p><b>B</b> DO NOT tumble dry. DO NOT dry in the sun. DO NOT use a heater or dryer as this may cause debrieration of the fabric.</p>	 <p><b>C</b> DO NOT use chlorine bleach.</p>
 <p><b>D</b> DO NOT iron.</p>	 <p><b>E</b> DO NOT dry clean.</p>	 <p><b>F</b> Use water or silicone based moisturiser like Com-Pat. Avoid wax, paraffin or petroleum based moisturisers.</p>
 <p><b>G</b> Use mild detergent like Jolastic. DO NOT use high phosphate detergents.</p>	 <p><b>H</b> Gently squeeze excess moisture out of the garment. Dry flat or drip dry in the shade.</p>	<p><b>I</b> JOBSKIN® garment(s) have been constructed from Lycra® spandex and nylon.</p>

# WEAR & CARE INSTRUCTIONS

 <p><b>1</b> Check the label on your JOBSKIN® garment for left or right. Starting with the garment inside out, tuck the foot portion inside up to the heel and hold it with both hands, seam facing down.</p>	 <p><b>2</b> Stretch your garment as wide as possible and in one motion, pull in onto your foot. Put the heel pocket over the back of your heel.</p>	 <p><b>3</b> Take hold of the fabric just past your toes, always at the sides, never the seams.</p>
 <p><b>4</b> Pull it over your foot past the ankle. It should now be right side out. Adjust the garment so that the heel is in place.</p>	 <p><b>5</b> Adjust the toe area for comfort by pulling your garment toward your toes and releasing.</p>	 <p><b>6</b> Now work it all the way to the knee - about 5cm at a time - smoothing the creases as you go.</p>
 <p><b>7</b> For knee length garments, the top band should reach within 1-2cm of the bend of your knee. Remember, pull on the sides, never on the top or seams.</p>	 <p><b>8</b> Start with the instructions for knee length (Fig. 1-7). Continue working your support up about 5cm at a time.</p>	 <p><b>9</b> Stretch it evenly and fasten to a garter belt or girdle. If it is uncomfortable behind the knee, ease it down slightly from the knee until the pressure feels more even.</p>
 <p><b>10</b> Start with the instructions for JOBSKIN® Knee Length garment (Fig. 1-7). Continue working it up to the middle of your thigh about 5cm at a time.</p>	 <p><b>11</b> Stand up. Gather the fabric in both hands and pull it up to your waist.</p>	 <p><b>12</b> Fit it snugly but comfortably over the groin area.</p>

# WEAR & CARE INSTRUCTIONS

 <p><b>13</b> Adjust your JOBSKIN® garment so that it is snug at your midsection. This will keep it from sliding down. Pull the midsection to its proper height.</p>	 <p><b>14</b> Slip your hands, palm out, into the back and lift the fabric up and away from your skin. Let it fall back to fit snugly over buttocks.</p>	 <p><b>15</b> Check whether the garment is left or right. Open the zipper completely.</p>
 <p><b>19</b> (This garment may be difficult to put on alone. You may need help). Follow the directions for JOBSKIN® zippered garment (Fig. 15-18)</p>	 <p><b>20</b> Stand up and continue to close zipper holding the zippered area together 10-15cm above the zipper tab. Adjust the leg along the inside over your groin and buttocks.</p>	 <p><b>21</b> From this point, use the instructions for Waist: High garment without zipper (Fig. 10, 11, 12) to ease your JOBSKIN® garment comfortably into place. Adjust garment if necessary.</p>
 <p><b>25</b> Optional: Insert pad at bend of elbow for added comfort. Fold sleeve down to elbow. Tuck pad in at elbow. Smooth the sleeve up over the pad and continue to ease it up the arm.</p>	 <p><b>26</b> Straps should be securely fastened.</p>	 <p><b>27</b> (Assistance may be necessary). Open zipper fully. Place your fingers inside the sleeve at the "closed" end and stretch it as wide as possible. Slip the sleeve over the arm so that the black dot lies at the elbow. Refer to Fig. 25 for correct placement of optional pad.</p>
 <p><b>31</b> Adjust the fingers by carefully pulling on the seams until the glove fits snugly into the web spaces between the fingers. Be sure the fabric is smoothed out evenly over the fingers and hand. Hold the hand up to the light. You should not be able to see light through the web space.</p>	 <p><b>32</b> Close the zipper, if there is one.</p>	 <p><b>33</b> Open Velcro® closure. Hold chin in place with one hand, if you have assistance, or press chin against upper sternum. Gather fabric and stretch over head.</p>

 <p><b>16</b> Point your toes and slip your foot into the foot area. Place your thumb between the zipper and your leg to protect your skin.</p>	 <p><b>17</b> Hold the zipper together with one hand approximately 10-15cm above the zipper tab.</p>	 <p><b>18</b> Zip it closed, keeping the elastic backing between your skin and the zipper. Adjust any wrinkles or uncomfortable spots by gently pulling the fabric until the pressure is even.</p>
 <p><b>22</b> Follow the steps for putting on garments with zippers. (Fig. 15) Ease your foot through the entire length of the garment. Refer to Fig. 10, 11, 12 to ease your JOBSKIN® garment comfortably into place.</p>	 <p><b>23</b> Slip your hand through the entire sleeve keeping the seam in line with your little finger. Ease the sleeve up your arm. The black dot indicates where your elbow should be. It may be helpful to brace your hand against a wall.</p>	 <p><b>24</b> If a gauntlet (fingerless glove) is attached, seam should run from the palm of your hand then curve over your elbow to your upper arm.</p>
 <p><b>28</b> Close the zipper, holding the zipper together with one hand 10-15cm below the zipper tab. Be sure to keep the elastic backing between the skin and zipper. Continue down the arm to the wrist.</p>	 <p><b>29</b> Method 1: Turn glove inside out. Fold tips of fingers inside. Place tips of glove on fingers. Work fabric down until thumb tip is covered. Turn hand of glove right side out over fingers. Method 1 is easier if your glove has a zipper.</p>	 <p><b>30</b> Method 2: Slip your hand through wrist or glove and into fingers.</p>
 <p><b>34</b> Adjust the facial features. The face mask must have the fabric distributed to fit properly. Adjustments may be made by slipping fingers through openings and placing fabric where desired.</p>	 <p><b>35</b> Method 1: Follow directions for masks, (Fig. 33 &amp; 34). Method 2: Close the neck portion around patient's neck. Pull head strap and back elastic over head. Refer to (Fig. 34) to make adjustments.</p>	 <p><b>36</b> Always apply the garment on the more severe arm first (Refer to Fig. 23), when sleeves are fitted. Close the Velcro® closure or zipper. Adjust neck edge and waist for comfort.</p>