



All measurements taken with no tension and in centimetres only

### Design options



Armsleeve  
Wrist to Axilla



Armsleeve  
w bra-loop



Armsleeve  
w shoulder  
attachment



Forearm  
Sleeve



Stump Sleeve  
w shoulder  
attachment



Anterior  
Elbow Insert

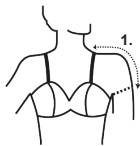
### Arm Sleeve definition, hints and tips

**Standard Arm Sleeve:** This will automatically include soft elastic at the proximal end.

**Elbow Contracture Seam:** Measure as for a regular sleeve, then record the elbow contracture deficit in the space provided. A photograph is also useful.

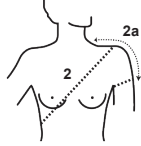
**Stump Sleeve:** Apply measuring tapes to extend as far distally on the stump as possible. A photograph of the stump with the tapes in place is required.

#### Bra Loop



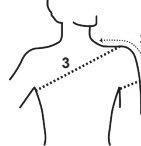
1. Distance last arm tape to inside edge of bra strap.

#### Female Body Strap



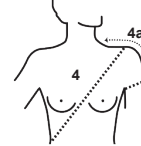
2. Top of shoulder circumferentially under opposite breast.
- 2a. Distance last arm tape to base of neck.

#### Male/Child's Body Strap



3. Top of shoulder circumferentially under opposite axilla.
- 3a. Distance last arm tape to base of neck.

#### Waist Attachment



4. Top of shoulder diagonal to waist.
- 4a. Distance last arm tape to base of neck.

### Arm measuring tips

Position the arm straight and horizontal, and measure using a purple tape. Use pink tape for paediatrics.



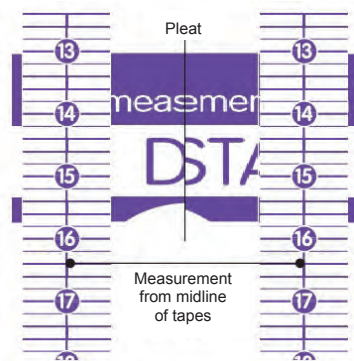
**For a Full Length Sleeve** begin by securing tape 9 directly around the elbow. The last tape should fall just below the wrist bone (distal to styloid process). Pleating at the spine occurs ONLY at the wrist and axilla if required.

**For a Forearm Sleeve** begin tape at wrist and pleat at proximal end if required.

**For Elbow contracture Seam** record the degrees of deficit in range of motion.

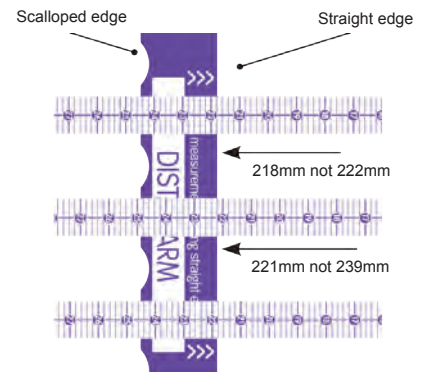
### Pleat instructions

When pleating the last tape, measure the distance between the pleated tape and its neighbour from mid point to mid point (see diagram). Measurements must be recorded in millimetres.



### Reading the tapes

Always read along the straight edge in the direction of the arrows indicated below.



### Email or return forms to:

2- 4 Queen Street  
Nunawading Victoria 3131, Australia  
T (Int'l): +61 3 9915 8000  
E: customer.service@jobskin.com  
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Go to [www.jobskin.com](http://www.jobskin.com)  
for measuring videos and tips

