

# LymphCrop Vest

Measurement Form - Page 1 of 2

Working together for better solutions

+61 3 9915 8000

customer.service@jobskin.com

Jobskin.com

**Patient details** (Please print in black with CAPITAL letters)

Last name

First name

Date



**0561**  
LymphCrop Vest  
Sleeveless



**0562**  
LymphCrop Vest  
2 Short Sleeves



**0563**  
LymphCrop Vest 1 Short  
Sleeves, 1 Long Sleeves

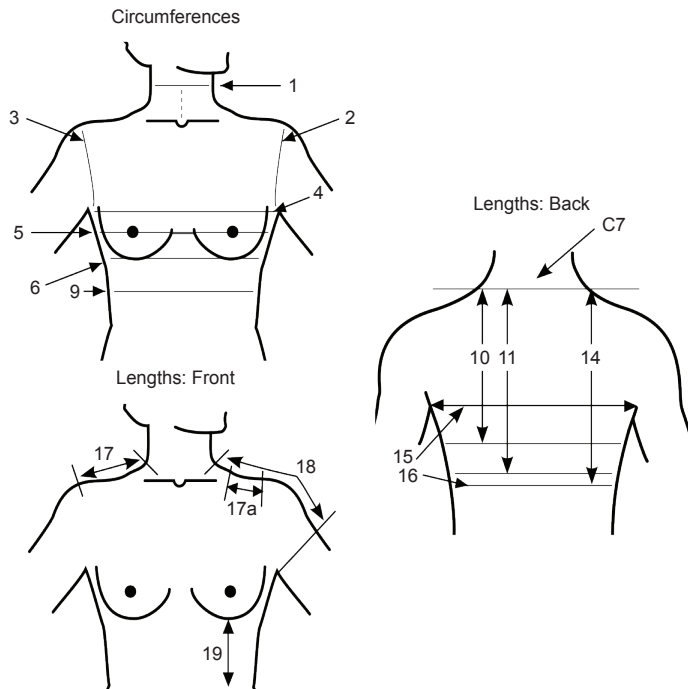


**0564**  
LymphCrop Vest  
2 Long Sleeves

### The LymphCrop Vest comes standard with

- Front neckline to level of sternal component
- Back neckline with 12cm drop
- Lined front-zip opening, no tab
- 5cm silicone-backed elastic
- Anterior and side compression lining

### Measuring points



Where possible, patient should wear a bra (with prosthesis in place if required) during measurement. If not possible, position the breasts as if a bra is worn. PHOTOS TAKEN WITH PATIENT APPROVAL WILL ASSIST THE DESIGN TEAM TO PROVIDE A GOOD-FITTING GARMENT.

### Garment styles

| Code | Qty | Description                                      |
|------|-----|--|
| 0561 |     | Sleeveless LymphCrop vest                        |
| 0562 |     | Short-sleeved LymphCrop vest                     |
| 0563 |     | One short sleeve, one long sleeve LymphCrop vest |
| 0564 |     | Long-sleeved Lymphcrop vest                      |

### Options and modifications

| Code | Qty | Description  |
|------|-----|--|
|      |     | Prosthesis Pouch <input type="checkbox"/> Left <input type="checkbox"/> Right      |
| 1203 |     | Shoulder Bracing   |
| 1190 |     | Anterior Elbow Lining <input type="checkbox"/> Left <input type="checkbox"/> Right |

### Measurements

| Measurement   | Code | Value | Unit |
|---|------|-------|------|
| Neck circumference  | 1    |       |      |
| Left shoulder circumference   | 2    |       |      |
| Right shoulder circumference  | 3    |       |      |
| Chest circumference   | 4    |       |      |
| Left Chest circumference (mid sternum to mid spine)   | 4a   |       |      |
| Right Chest circumference (mid sternum to mid spine)  | 4b   |       |      |
| Circumference over nipple line  | 5    |       |      |
| Left nipple line circumference (mid sternum to mid spine)                                       | 5a   |       |      |
| Right nipple line circumference (mid sternum to mid spine)                                      | 5b   |       |      |
| Circumference immediately under breast  | 6    |       |      |
| Circumference at end of support   | 9    |       |      |
| C7 to nipple line   | 10   |       |      |
| C7 to just under breast   | 11   |       |      |
| C7 to end of support  | 14   |       |      |
| Side seam to side seam under axilla on back   | 15   |       |      |
| Side seam to side seam at end of support  | 16   |       |      |
| Shoulder width  | 17   |       |      |
| Garment shoulder width  | 17a  |       |      |
| Base of neck to top arm tape (axilla level) (Only required when sleeves are include in garment) | 18   |       |      |
| Under breast to end of garment - front  | 19   |       |      |

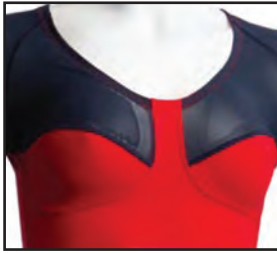


## Design options

Contrast Bra Cup Lace



Contrast Bra Cup



Shoulder Bracing



Prosthesis Pouch



LymphCrop



## Design choice definition

**Alternate Neckline:** The LymphCrop Vest can be made with a raised neckline. If this option is preferred, provide front and back neck drop measures to desired height.

**Contrast Bra Cups:** If contrast bra cups are preferred, select the décolletage colour in the colour choice box, and then select the alternate colour choice for the bra cups and the base, in the contrast colour choice box.

**Shoulder bracing:** A diagonal pull to help retract the shoulders to provide postural support and/or to assist with supporting the weight of large or heavily oedematous breasts.

**Added Sleeves:** The LymphCrop vest can be made with either short or long sleeves which enables compression for lymphoedema into the axilla. Where lymphoedema is present in both the upper limb and the chest wall, a long-sleeve may be appropriate. It is NOT recommended that a sleeve is provided for one side only, as the vest will sit asymmetrically and comfort will be compromised.

## Torso measuring tips

**Neck circumference:** Required regardless of the height of the neckline, and measured midway between the head and the shoulders.

If neckline is to be varied from standard:

**Front** – measure from sternal notch point to desired neckline.

**Back** – measure from C7 to point of desired backline.

**Bra Cup Size:** Where possible, provide an accurate bra cup size based on a well-fitted bra. However, if this is not possible (particularly with challenges of fitting a bra with a lymphoedematous breast), ensure accurate 5a and 5b measures. Asking the patient to wear a tubular bandage during measuring may assist.

**Shoulder circumference (2 & 3):** With patient standing with hand on hip, place tape measure on top of shoulder directly above axilla, and pass through under the arm. Then lower arm down and continue tape to measure. You will notice the measure 'ease'.

**Chest circumference (4):** Measured at the level of the axilla patient stands with hands on hips while tape is wrapped around the circumference of the chest. Patient then lowers arms to 'ease' before reading measurement.

**Nipple line (5):** Circumference over nipple line should be measured with patient wearing a bra. If this is not possible, please simulate the position that the breast sits in within a bra. A tubular bandage may assist.

**Side seam to side seam (15 & 16):** A horizontal contoured measure from the midpoint of one axilla across the back to the midpoint of the other axilla. (15) is positioned at the height of chest circumference (4), whilst (16) is positioned at the level of the end of the garment.

If sleeve is to be included, measure upper limb with purple JOBSKIN arm tape.

If prosthesis pouch to be included, take measurements with prosthesis in place, and indicate prosthesis size.

### Email or return forms to:

2- 4 Queen Street  
Nunawading Victoria 3131, Australia  
T (Int'l): +61 3 9915 8000  
E: [customer.service@jobskin.com](mailto:customer.service@jobskin.com)  
W: [www.jobskin.com](http://www.jobskin.com)

### Garment returns:

2- 4 Queen Street  
Nunawading Victoria 3131, Australia

Go to [www.jobskin.com](http://www.jobskin.com)  
for measuring videos and tips

